

LESSON 9:

How to Save



by Rocky Mountain Credit Union

Money Mastermind Lesson 9, Worksheet 1:

Where to Save?

There are lots of different choices when it comes to saving and investing your money. Understanding your options will help you make more informed decisions. Study the table below to familiarize yourself with different savings and investing strategies.

Strategy	What is it?	What's the risk?	What are the pros?	What are the cons?
Certificate of Deposit (CD)	Savings certificate issued by a bank or credit union	Minimal risk because it is insured by the Federal Deposit Insurance Corporation (FDIC) through a bank and the National Credit Union Share Insurance Fund (NCUSIF) through a credit union	- Higher interest rates than a traditional savings account - Not risky - The longer the term, the higher the interest you usually earn	- Must be left in the bank for a fixed amount of time - Steep penalties for withdrawing money early - Minimum balances required
Savings Account	A deposit account that earns interest and is issued by a bank or credit union	Minimal risk because it is FDIC or NCUSIF insured	Not risky No restrictions on withdrawals Low or no minimum balances required	- Lowest interest rates - Some banks charge fees for opening and maintaining accounts
Money Market Account	A type of checking and savings account issued by a bank or credit union to hold your money	Minimal risk because it is FDIC or NCUSIF insured	- Higher interest rates than a savings account - Can withdraw money (with some restrictions)	- Higher minimum balance required - Some withdrawal restrictions (e.g., limits on number of withdrawals per month) - Subject to fees if balance below certain amount
Retirement Account	An account such as an IRA and 401(k) that helps you set aside money for retirement	Investment choices range from very secure government bonds to higher risk stocks	- Tax-deferred growth - Some employers will match contributions - Helps create long- term savings	- Steep penalties for withdrawing money before retirement - Contribution limits



STUDENT TIP

When you invest your money in CDs, savings accounts or money market accounts, a bank will insure your money through the Federal Deposit Insurance Corporation (FDIC) and a credit union insures your money through the National Credit Union Share Insurance Fund (NCUSIF). While the interest rates may be lower than other investment options, your money is always protected.



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Money Mastermind Lesson 9, Worksheet 2:

Bank it!

If you had \$100 and wanted to put it into a savings account, which institution and type of account would you choose? Choose two local banks or credit unions and write their names in the chart below. Then research specifics about each type of savings account at the two institutions, such as whether there are fees or minimum balance requirements. Record notes on your findings in the chart. Based on your research, which bank or credit union would you choose?

	Bank or Credit Union #1:	Bank or Credit Union #2:
Certificates of Deposit (CDs)		
Savings Accounts		
Money Market Accounts		
Retirement Accounts		
529 Savings Accounts		
Mutual Funds		
Stocks		
Bonds		



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LESSON 8: Making a Budget



Scenario 1:

Aiden's car is 12 years old and he's worried it might break down, so he's trying to save three months of expenses for unexpected repairs, while also saving for a new car. What are the best savings strategies for Aiden so he can keep his money accessible for repairs, but also save for a new car?

Scenario 2:

Madeline's friends invited her to go to Cancun next year for vacation. She really wants to go, but she's not sure if she can afford the \$1,000 trip. She has \$500 saved in her dresser and has one year to save the rest, but she's not sure where to keep her money so she can maximize her savings. What is the best savings strategy for Madeline and why?

Scenario 3:

Scott is a freshman in high school and plans to attend college someday. His grandparents gave him \$5,000 to start his college savings, but he's not sure where he should keep this money until he's ready to go to college. What would be the best savings strategy for him?

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STUDENT TIPS

When assessing the pros and cons of each savings option, remember to consider:

- Minimum and opening balances
- Contribution limits
- Service fees
- Withdrawal penalties or restrictions
- Interest rates
- Risks (is the account FDIC or NCUSIF insured?)

To get started with your research, check out:

- · FDIC Bank Find: fdic.gov
- Credit Union National Association: creditunion.coop